

25 TV FREE ACTIVITIES FOR KIDS

1. Make food dye pasta for colorful fun.
2. Create a bouquet of roses with paper plates.
3. Race your cars, powered by balloons, across a room.
4. Mop the floor — in your socks.
5. Upgrade some treasured toys — use stickers, foam and paint to redecorate them.
6. Sew a pillow buddy for a friend.
7. Make TP tube people and put on a play!
8. Create giant blocks, and make a backyard tower.
9. Decorate old outlet covers to be eyes, noses and mouths for play dough play.
Fun and easy to clean.
10. Go fly a plane! Make one from an egg carton.
11. Collect all the cardboard tubes and bottle caps that you can find to make a tube train.
12. Go get a handful of paint chips and make monster puzzles.
13. Chop up your crayons and heat them in the oven on low — paint with your melted crayon bits! (ADULT SUPERVISION REQUIRED!)
14. Play a prank on a family member. Make a batch of the grossest fake snot — ever!
15. Build a fort.
16. Play with cardboard boxes.
17. Build a tower out of disposable cups. Throw straws and Q-tips as blow darts at your tower to watch it topple.
18. Make a pinball drop for a ping pong ball to drop from. This one is made from a box and craft sticks!
19. Pretend you are an archaeologist and dig up dinosaur bones from a tar pit.
20. Create Kinetic Sand and play with it!
21. Magnetic Mud is easy to make
— not to mention mesmerizing!
22. Paper dolls are fun to create, color and decorate, and then to play with in pretend worlds.
23. Make a bedtime sensory bottle, and count the stars in the dark.
24. Play Kerplunk — only make the game yourself using a pot and pom-poms!
25. Make a yarn maze in a laundry basket.

