



10 WINTER MINUTE TO WIN IT GAMES



BROOM HOCKEY

Number of players: 1

Items needed:

A sturdy broom

Medium-sized bouncy balls

A large garbage can

Set up:

Set the garbage can on its side, about 15 feet from where the contestant will stand. Have adult helpers standing by to retrieve and return stray balls.

Instructions:

In this game the contestant must successfully score six goals by hitting the bouncy balls into the garbage can with the broom. Complete this challenge in 60 seconds or less, and you can take home the gold!

POP-SLEDDING

Number of players: 2 or more

Items needed:

Tootsie Pops

Two 4' lengths of PVC pipe (or a sturdy, empty wrapping paper tube wide enough for a Tootsie Pop)

Two buckets

Set up:

Contestants stand five feet away from their buckets. Contestants will hold the PVC pipe.

Instructions:

In this challenge the contestants will attempt to launch their "pop-sleds" (Tootsie Pops) into their buckets by dropping them down the chute and slinging them from the end of the tube toward the bucket. This challenge will require perfect timing as you must launch the sled as soon as it hits the bottom of the tube. The contestant who successfully lands the most sleds into their bucket wins.

DOWNHILL SPREE

Number of players: 2 or more

Items needed:

A table

A bunch of Spree candies

Three buckets

Set up:

Set the table on an incline, with the three buckets - labeled Gold, Silver, and Bronze - lined up at the bottom of the slope.

Instructions:

In this challenge, contestants will send their Spree candies down the slope, aiming for the buckets below. Each contestant will have 60 seconds to launch as many Sprees down the slope as they can, one at a time. Three points are earned for each Spree that lands in the gold bucket and one point each for Silver and Bronze. The contestant to rack up the most points in 60 seconds wins.

CURLING

Number of players: 2 (2 boys or 2 girls)

Items needed:

Two wigs (preferably on mannequin heads or wig stands)
A bunch of curlers

Set up:

Set the wigs on stands on a table. Spread the curlers out on the table.

Instructions:

In this challenge your curling skills will be put to the test. Your task is to put as many curlers into your wig as you can in 60 seconds time. Curlers must be rolled and secured to count. The contestant who successfully applies the most curlers will not only win, but look fabulous.

ICE DANCING

Number of players: 1

Items needed:

A table
Ice cubes
A straw
Tape or a marker

Set up:

Using the tape or marker, make a target at one end of the table like the ones used in curling. Set several ice cubes at the other end of the table. Let them sit a minute so they start to melt a bit.

Instructions:

In this challenge the contestant must navigate four ice cubes from one end of the table to the target area on the other end, using only the straw to propel their ice cubes across the surface. If you can land three ice cubes in the target area before 60 seconds elapses, you will win the gold. Fail, and you're just full of hot air.

Variation:

You can let younger kids just push the cubes with straw, older kids you may want to have them blow through the straw to move the ice cubes.

BALLOON MOGUL

Number of players: 1

Items needed:

A balloon
Four hula hoops
Fishing line

Set up:

With fishing line, suspend the four hoops in a line across the stage, staggering them a bit.

Instructions:

In this challenge the contestant must navigate their balloon across the stage by bouncing the balloon off their hands. The balloon must pass through the four “gates” (hoops) in order to complete this task successfully. Complete this challenge and 60 seconds or less, and you might just find your face on a cereal box this summer.

CROSS COUNTRY EATING

Number of players: 1

Items needed:

Four stools
Four tables
Four small cookies

Set up:

This game will require setting up a “race course” in your room. Mark a starting line and finishing line. In between, set up four eating stations with a cookie on a plate sitting on a stool at each stop. Have an adult stationed at each stop to check that each cookie has been eaten.

Instructions:

This challenge will test your speed as a racer and as an eater. There are four eating stations in this race course. Your task is to race from the start to the finish, stopping at each station to eat a cookie. You must eat and swallow the cookie at each station before moving to the next. Complete this task in 60 seconds or less, and you will taste the sweet taste of victory.

PAIRS FIGURE TAPING

Number of players: 2 boys

Items needed:

A t-shirt

A roll of Scotch tape

Set up:

Have one contestant wear the shirt (so they don't mess up their Sunday clothes).

Instructions:

This challenge requires synchronization, speed, and a good sense of balance. Contestants will work together, with one holding the roll of tape and the other spinning in place so that the tape unspools from the roll onto the contestant. The contestant holding the tape must remain motionless so that only the graceful movements of the figure taper unfurl the tape. If you can complete this challenge in 60 seconds or less, you will take home the gold.

FACE LUGE

Number of players: 1

Items needed:

A cookie (preferably a gingerbread man)

Instructions:

In this challenge the contestant must navigate their "luger" (gingerbread man) from the starting line - their forehead - to the finish - their mouth - using only their facial muscles to propel the luger across their face. If you can successfully accomplish this task in 60 seconds or less, you'll have a sweet reward at the end. The same cannot be said of the luger.

CANDY SKELETON

Number of players: 1

Items needed:

A large skateboard (or flat dolly/cart)

Set up:

Place 10 Skittles along a race course (20-30 feet long) running through the room. Set the skateboard or dolly at the start. Mark a finish line.

Instructions:

In this challenge you will need to go head first down the race course. Lying on your belly on the sled (skateboard/dolly), you must race from start to finish stopping to collect the Skittles on the race track with only your mouth. Complete this challenge in 60 seconds or less, and you will find gold at the end of this rainbow.